

Ras Copaon 1000m Cymru



Welsh 1000m Peaks Race

1 Mehefin 2013 / 1 June 2013

CANLYNIADAU/RESULTS

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Results

Rhedwyr Mynydd: Dosbarth A / Fell Runners: Class A Amser Cychwyn / Start Time: 09:00

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Ogwen	Pen y Pass	Diwedd Finish
1	94	Colin Donelly	Male Vet 50	Lochaber AC	00:00	02:03	03:12	04:04:36
2	40	Chris Burn	Male Open	London Heathside Runners AC	00:00	01:57	03:08	04:07:14
3	12	Neal Hockley	Male Open	WFRA	00:00	01:57	03:11	04:11:37
4	74	Matthew Fortes	Male Open	Eryri Harriers	00:00	02:00	03:10	04:15:34
5	116	Dave Wilby	Male Open	Ilkley Harriers AC	00:00	02:01	03:13	04:19:13
6	125	Ed Bailey	Male Open	Unattached	00:00	02:00	03:13	04:20:08
7	72	Sam Smith	Male Open	Eryri Harriers	00:00	02:01	03:15	04:23:12
8	127	Gancho Slavov	Male Open	Aberystwyth AC	00:00	02:08	03:31	04:32:14
9	39	David Lee Parker	Male Open	Meirionnydd rc	00:00	02:01	03:26	04:35:52
10	17	Ken Sutor	Male Vet 40	Cheshire Hash House Harriers	00:00	02:11	03:34	04:41:55
11	92	Adrian Williams	Male Vet 40	Eryri Harriers	00:00	02:11	03:37	04:42:33
12	82	Hugh Odonnell	Male Open	Ambleside AC	00:00	02:01	03:22	04:44:13
13	60	Stuart Henderson	Male Open	Army HQ	00:00	02:03	03:29	04:44:37
14	7	Owen Manod Rees	Male Open	Unattached	00:00	02:13	03:38	04:48:54
15	75	Matthew Heywood	Male Open	Unattached	00:00	02:09	03:38	04:52:10
16	13	Chris Baynham-Hughes	Male Open	Helsby RC	00:00	02:18	03:48	04:52:29
17	11	Simon Ellis	Male Vet 40	Tattenhall Runners	00:00	02:16	03:42	04:52:31
18	103	Mark Atherton	Male Vet 40	Meirionnydd r c	00:00	02:17	03:46	04:54:34
19	102	Andrew Stimson	Male Open	MDOC	00:00	02:18	03:47	04:57:40
20	86	Mark Davies	Male Open	NWRRC	00:00	02:16	03:45	04:58:09
21	147	Tim Watson	Male Vet 40	ERYRI	00:00	02:16	03:44	04:58:17
22	124	Sean Taylor	Male Open	Mynydd Du	00:00	02:15	03:41	05:02:35
23	88	Mick Loftus	Male Vet 40	Valley Striders AC	00:00	02:15	03:44	05:02:49

24	80	Jason Phillips	Male Open	Unattached	00:00	02:11	03:37	05:03:31
25	126	David Powell	Male Vet 50	Aberystwyth AC	00:00	02:19	03:50	05:04:24
26	62	Paul West-Watson	Male Open	Fleet Fleet Triathletes	00:00	02:18	03:47	05:04:50
27	85	Johann Breytenbach	Male Open	Unattached	00:00	02:22	03:52	05:06:30
28	67	Tim Laney	Male Vet 50	Unattached	00:00	02:17	03:44	05:08:11
29	104	Thomas Smith	Male Open	Unattached	00:00	02:17	03:53	05:08:42
30	53	Lizzie Wraith	Female Open	Team Bath AC	00:00	02:20	03:55	05:13:26
31	69	Steven Fenney	Male Vet 40	Stone Master Marathoners	00:00	02:14	03:43	05:14:05
32	106	Craig South	Male Vet 40	Unattached	00:00	02:23	03:52	05:15:27
33	70	David Morris	Male Open	Unattached	00:00	02:21	03:57	05:16:20
34	115	Shaun Lamb	Male Open	Army HQ	00:00	02:25	04:01	05:16:48
35	121	Barry Daniels	Male Open	Unattached	00:00	02:25	04:01	05:17:06
36	51	Emlyn Roberts	Male Vet 40	Eryri Harriers	00:00	02:23	03:55	05:17:28
37	22	Chris Wilcox	Male Vet 50	Clwydian Range Runners	00:00	02:21	03:58	05:19:40
38	108	Howard Gold	Male Vet 40	London Heathside Runners AC	00:00	02:22	04:00	05:20:34
39	19	Glyn Fletcher	Male Vet 50	Maldwyn Harriers	00:00	02:22	03:55	05:21:53
40	89	James Richards	Male Open	Unattached	00:00	02:24	04:01	05:23:01
41	91	Rob Thomson	Male Open	Unattached	00:00	02:21	03:59	05:23:24
42	129	John Taylor	Male Vet 40	FRA	00:00	02:27	04:05	05:24:22
43	57	Mark Shercliff	Male Open	Army HQ	00:00	02:21	04:02	05:24:42
44	31	Ralph Pawling	Male Open	Unattached	00:00	02:27	04:05	05:25:30
45	36	John Parkinson	Male Vet 40	Eryri Harriers	00:00	02:27	04:04	05:25:36
46	27	Christopher Wiley	Male Open	Fleckney & Kibworth RC	00:00	02:22	04:01	05:25:41
47	319	James Rhodes	Male Vet 40	Bowland Fell	00:00	02:22	03:57	05:25:52
48	58	Simon Graham	Male Open	Army HQ	00:00	02:25	04:02	05:25:54
49	32	Andrew Young	Male Open	Unattached	00:00	02:17	04:06	05:26:18
50	33	Rob Barber	Male Vet 40	Eryri Harriers	00:00	02:26	04:08	05:27:50
51	56	Nick Pryce-Jones	Male Open	Army HQ	00:00	02:28	04:08	05:28:09
52	119	Ian Lancaster	Male Vet 50	Tattenhall Runners	00:00	02:21	04:05	05:30:14
53	93	Sam Green	Male Open	Bangor University Athletics	00:00	02:29	04:12	05:33:03
54	101	Jack Scannell	Male Vet 40	Eryri Harriers	00:00	02:26	04:10	05:34:35

55	117	Iwan Edgar	Male Vet 50	Rhedwyr Eryri	00:00	02:26	04:09	05:34:41
56	25	Andy Quicke	Male Open	Manchester Triathlon Club	00:00	02:28	04:12	05:36:52
57	8	Dave Austin	Male Vet 40	Chepstow Harriers	00:00	02:32	04:07	05:37:16
58	71	Andrew Turner	Male Open	Unattached	00:00	02:26	04:14	05:38:48
59	2	Nicholas Mead	Male Vet 40	Unattached	00:00	02:39	04:23	05:39:55
60	76	Heather Dawe	Female Open	Unattached	00:00	02:39	04:21	05:42:03
61	37	Chris Smith	Male Vet 40	Gorphwysfa Club	00:00	02:32	04:19	05:47:33
62	128	Noel Hogan	Male Vet 40	FRA	00:00	02:37	04:23	05:47:38
63	4	Nigel Glaze	Male Vet 40	Mercia Fell Runners	00:00	02:38	04:23	05:47:46
64	44	Adrian Chewter	Male Open	Unattached	00:00	02:35	04:22	05:48:23
65	97	Cply Scott Filmer	Male Open	AASP Regt RLC	00:00	02:21	04:15	05:49:15
66	90	Mike Bridge	Male Open	Garden City Runners	00:00	02:24	04:16	05:52:43
67	38	Andy Dunn	Male Open	Bristol and west ac	00:00	02:29	04:24	05:57:59
68	55	Ali Seth	Male Open	Army HQ	00:00	02:34	04:34	06:01:11
69	118	Nicholas Kaiser	Male Vet 50	HURT (Hawaii Ultra Running Tea	00:00	02:42	04:41	06:04:35
70	78	Edwin Sherstone	Male Vet 40	Southport Waterloo AC	00:00	02:42	04:35	06:04:56
71	79	Clive Edwards	Male Vet 60	WFRA	00:00	02:47	04:37	06:09:08
72	54	Sasha Habgood	Female Vet 40	Mynydd Du	00:00	02:50	04:39	06:09:48
73	61	Brian Robbins	Male Vet 60	Eryri Harriers	00:00	02:46	04:37	06:10:08
74	49	Celia Mills	Female Vet 40	Unattached	00:00	02:52	04:39	06:10:39
75	41	Simon Alderdice	Male Vet 40	DMVAC	00:00	02:39	04:46	06:16:07
76	123	Clare Dallimore	Female Open	Eryri Harriers	00:00	03:00	04:52	06:16:35
77	48	Mairi-Jane Mallen	Female Vet 40	Unattached	00:00	02:52	04:48	06:18:01
78	122	Caroline Dallimore	Female Vet 50	Mynyddwyr De Cymru (MDC)	00:00	03:00	04:52	06:21:00
79	66	Mike Symons	Male Vet 40	Manchester YMCA Harriers	00:00	02:52	04:45	06:22:32
80	59	Iain Wallace	Male Open	Army HQ	00:00	02:52	04:49	06:24:25
81	96	Cfn Read	Male Open	13 AASP Regt RLC	00:00	02:28	04:36	06:24:33
82	63	Peter M W Jones	Male Vet 50	Not a club member	00:00	02:52	04:49	06:26:05
83	77	Paul Hunt	Male Vet 40	Goyt Valley Striders	00:00	02:58	04:53	06:27:57
84	98	Neil Standing	Male Vet 40	Unattached	00:00	02:43	04:48	06:28:24
85	84	Russell Taylor	Male Vet 40	Unattached	00:00	02:43	04:48	06:28:31

86	10	Pat Peers	Female Vet 50	Pensby Runners	00:00	02:56	04:55	06:30:54
87	5	Chris Brumby	Male Vet 40	Sandbach Striders	00:00	02:59	05:05	06:31:32
88	9	Andy McPherson	Male Open	Brabond AC	00:00	02:54	05:00	06:41:30
89	15	Jonathan Newby	Male Vet 40	Somerset R C Tri	00:00	02:54	05:10	06:44:45
90	14	Matt Price	Male Vet 40	Somerset R C Tri	00:00	03:07	05:11	06:44:56
91	42	Mark Hobson	Male Vet 50	Rochdale Harriers & AC	00:00	02:59	05:11	06:54:22
92	113	Paul Hindle	Male Vet 50	Wharfedale Harriers	00:00	03:01	05:10	06:55:02
93	107	Kirk Davies	Male Vet 40	Army HQ	00:00	02:52	05:17	06:55:27
94	1	Nigel Crompton	Male Vet 50	Pensby Runners	00:00	03:02	05:10	06:56:06
95	34	Mick Buin	Male Vet 50	Pure gym Stockport	00:00	02:59	05:17	06:56:23
96	114	Edward Lesniak	Male Vet 50	Achille Ratti Climbing Club	00:00	03:01	05:10	06:57:38
97	95	Pte Jason Wilson	Male Open	13 AASP Regt RLC	00:00	02:42	05:24	06:59:55
98	81	Brendan Stone	Male Vet 40	Unattached	00:00	03:09	05:33	07:16:53
99	3	David Owen	Male Vet 60	Prestatyn	00:00	03:00	05:09	07:17:10
100	87	Alwyn Williams	Male Open	Eryri Harriers	00:00	03:15	05:48	07:47:26
101	30	Andy Cox	Male Vet 40	Unattached	00:00	03:37	06:03	08:05:48
=	120	Paul Beeson	Male Vet 40	Maldwyn Harriers		02:14	03:50	Rtd
=	65	Matt Harrison	Male Vet 40	Mercia Fell Runners		02:29	04:56	Rtd
=	50	Paul Jones	Male Vet 40	Eryri Harriers		01:56		Rtd
=	73	Steve Lang	Male Vet 40	Cheshire Hill Racers		02:25		Rtd
=	43	Stephen Bajic	Male Vet 50	Mercia Fell Runners		02:34		Rtd
=	64	Andy Robinson	Male Vet 50	Mercia Fell Runners		02:34		Rtd
=	20	Hugh Rivett	Male Open	Unattached		03:00		Rtd
=	105	David Say	Male Vet 60	Unattached		03:09		Rtd
=	52	Bernard Corfe	Male Vet 40	Unattached		03:18		Rtd
=	109	Caroline Wilson	Female Vet 50	Unattached		03:57		Rtd
=	6	Ian Blakeborough	Male Vet 60	Cheshire Hash House Harriers		04:07		Rtd

Mynyddwyr: Dosbarth B / Mountaineers: Class B Amser Cychwyn / Start Time: 08:04

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Ogwen	Pen y Pass	Diwedd Finish
1	133	Robert Hind	Male Vet 50	Blind Veterans UK	00:00	02:41	04:20	05:44:14
2	137	John Sammut	Male Open	Unattached	00:00	02:42	04:24	05:48:40
3	136	John Sullivan	Male Vet 50	Unattached	00:00	03:15	05:07	06:52:14
4	145	Martin Crossley	Male Open	Unattached	00:00	03:06	05:11	06:58:53
5	142	Edward Steele	Male Open	Tunbridge Wells Harriers	00:00	03:25	05:32	07:05:17
6	135	Dominic Charles	Male Vet 40	Unattached	00:00	03:17	05:32	07:13:57
7	134	Michael Graham	Male Vet 40	Unattached	00:00	03:17	05:30	07:15:37
8	144	Mladenka Hooper	Female Open	Prestatyn RC	00:00	03:39	06:07	07:58:43
9	143	Helen Ashworth	Female Open	Prestatyn RC	00:00	03:39	06:07	07:59:24
10	131	Joe Barlow	Male Vet 50	Unattached	00:00	04:00	07:00	09:03:50
11	132	Matt Barlow	Male Vet 40	Unattached	00:00	04:00	07:00	09:05:32
=	146	Geoffrey Price	Male Vet 60	Unattached		04:05		Rtd

Mynyddwyr: Dosbarth C / Mountaineers: Class C Amser Cychwyn / Start Time: 07:30

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Ogwen	Pen y Pass	Diwedd Finish
1	152	Paul Andrew Hodges	Male Vet 40	ERYRI	00:00	02:47	04:14	05:41:26
2	156	Roy Silver	Male Vet 50	Les Croupiers	00:00	03:06	04:36	06:05:01
3	165	Musn James Ellen	Male Open	Camus	00:00	03:14	04:57	06:39:03
4	177	Mark Carr	Male Open	Unattached	00:00	03:45	05:33	07:16:31
5	169	Leigh Williams	Male Open	Unattached	00:00	03:37	05:34	07:27:42
6	170	Julian Goff	Male Vet 40	Unattached	00:00	03:38	05:34	07:27:51
7	157	Steve Harris	Male Vet 50	Unattached	00:00	03:32	05:33	07:37:27
8	178	Stephen Burrows	Male Vet 40	Unattached	00:00	03:45	05:47	07:39:20
9	180	David Royse	Male Open	Gorphwysfa Club	00:00	03:48	05:56	07:48:39
10	171	John Gibson	Male Vet 40	Unattached	00:00	03:56	06:01	07:58:17
11	162	William Benbow	Male Open	Unattached	00:00	03:49	05:57	08:13:44
12	172	Huw Benbow	Male Open	Unattached	00:00	03:49	05:57	08:13:54
13	163	Bob Blackwell	Male Vet 50	Rhos on sea cycling club	00:00	04:10	06:35	08:44:43
14	164	William Blackwell	Male Open	Rhos on sea cycling club	00:00	04:10	06:35	08:44:45
15	154	Stevven Olive	Male Vet 50	Unattached	00:00	04:26	06:53	08:54:57
16	153	Roz Tucker	Female Open	Cambridge Harriers	00:00	04:26	06:53	08:55:03
17	155	Andrew Bonnett	Male Open	Unattached	00:00	04:26	06:53	08:55:09
18	151	Ken Pudney	Male Vet 50	Unattached	00:00	04:38	06:56	09:09:28
19	175	Keith Brown	Male Open	Unattached	00:00	04:38	06:56	09:09:37
20	174	Matthew Brushett	Male Open	Unattached	00:00	04:38	06:56	09:09:39
21	176	James Ormrod	Male Vet 50	Unattached	00:00	04:18	06:46	09:13:44
22	173	Howard Dymond	Male Open	Unattached	00:00	04:38	07:12	09:23:43
=	166	Stuart Ellen	Male Open	Unattached		04:49	07:37	Rtd
=	167	Rachel Robinson	Female Open	Unattached		04:49	07:38	Rtd
=	160	Richard Lamb	Male Open	Unattached		04:43		Rtd
=	158	Andrew Turner	Male Open	Unattached		04:43		Rtd
=	168	Hannah Suchy	Female Open	Unattached		04:55		Rtd

=	159	Anthony Powell	Male Vet 40	Unattached	05:16	Rtd
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Tim: Dosbarth D / Team: Class D Amser Cychwyn / Start Time: 07:30

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Ogwen	Pen y Pass	Diwedd Finish
1	242	Lcpl Budha-Magnr	Male Open	101 FS Bn Reme (Reg A)	00:00	03:11	04:48	06:02:35
2	201	Lt Jack Brown	Male Open	1 Rifles	00:00	03:20	05:00	06:10:21
3	222	WO1 Burke	Male Open	13 AASP Regt RLC Team C	00:00	02:59	04:40	06:22:01
4	218	Lcpl Ingledew	Male Open	13 AASP Regt RLC Team B	00:00	02:58	04:53	06:29:20
5	217	Ssgt Cambell	Male Open	13 AASP Regt RLC Team B	00:00	02:59	04:53	06:29:33
6	219	Pte Branch	Male Open	13 AASP Regt RLC Team B	00:00	02:59	04:53	06:29:47
7	239	Sgt Kirkham	Male Open	101 FS Bn Reme (Reg A)	00:00	03:11	04:48	06:33:18
8	220	Cpl Rogers	Male Open	13 AASP Regt RLC Team C	00:00	02:59	04:52	06:36:12
9	221	Cpl Tyler	Male Open	13 AASP Regt RLC Team C	00:00	02:59	04:52	06:36:18
10	240	Cpl Rai	Male Open	101 FS Bn Reme (Reg A)	00:00	03:11	04:49	06:40:50
11	243	Lt Knudson	Male Open	101 FS Bn Reme (Reg B)	00:00	03:39	05:32	06:49:09
12	200	Lt Josh Axford	Male Open	1 Rifles	00:00	03:22	05:01	06:50:29
13	198	Cpl Richardson	Male Open	1 Rifles	00:00	03:20	05:01	06:50:42
14	189	Peter Corry	Male Vet 40	DMP3	00:00	03:14	05:10	06:58:52
15	187	Stuart Fludger	Male Vet 40	DMP3	00:00	03:14	05:10	06:58:57
16	186	Richard Craig	Male Open	DMP3	00:00	03:14	05:10	06:59:17
17	188	James Mckeivith	Male Open	DMP3	00:00	03:14	05:10	06:59:19
18	244	Wo1 Reid	Male Vet 40	101 FS Bn Reme (Reg B)	00:00	03:39	05:33	07:03:00
19	206	Maj Adam Greenfield	Male Open	Royal Artillery	00:00	03:52	06:01	07:33:45
20	245	Cpl Flynn	Male Open	101 FS Bn Reme (Reg B)	00:00	03:39	05:34	07:38:40
21	235	Cfn Leah	Male Open	101 FS Bn Reme (Res)	00:00	03:55	06:01	07:41:46
22	247	Lbdr Sheehan	Male Open	5 Regt RA	00:00	03:55	05:59	07:45:01
23	253	Johnny Barker	Male Junior	4LSR LAD 1	00:00	03:58	06:16	07:53:03
24	237	Cfn Levick	Male Open	101 FS Bn Reme (Res)	00:00	03:55	06:01	07:53:15
25	238	Lcpl Seabourne	Male Open	101 FS Bn Reme (Res)	00:00	03:55	06:01	07:58:40
26	250	Gnr Leigh-Goodall	Male Open	5 Regt RA	00:00	03:56	05:59	07:58:41
27	236	Cfn Pritchard	Male Open	101 FS Bn Reme (Res)	00:00	03:55	06:01	08:03:10

28	256	Matt Kelly	Male Open	4 LSR LAD 2	00:00	03:58	06:16	08:05:30
29	254	Ashley Manning	Male Open	4 LSR LAD 2	00:00	03:58	06:16	08:05:41
30	211	Sgt Lavery	Male Open	269 Battery RA	00:00	03:55	06:04	08:06:04
31	208	Lt Jeremy Gordon	Male Open	Royal Artillery	00:00	03:53	06:01	08:07:24
32	207	Lt Chris Hughes	Male Open	Royal Artillery	00:00	03:53	06:02	08:07:34
33	249	Gnr Gibson	Male Open	5 Regt RA	00:00	03:55	06:04	08:11:56
34	252	Bob Hicks	Male Open	4LSR LAD 1	00:00	03:58	06:15	08:19:23
35	215	Ian Davies	Male Vet 60	Randoms	00:00	04:12	06:30	08:19:48
36	214	James Gwyther	Male Open	Randoms	00:00	04:11	06:30	08:20:42
37	216	Richard Wilson	Male Vet 40	Randoms	00:00	04:12	06:25	08:20:51
38	213	Rhodri Evans	Male Vet 50	Randoms	00:00	04:11	06:24	08:21:06
39	251	Gordon Meikle	Male Open	4LSR LAD 1	00:00	03:58	06:16	08:21:52
40	255	Ricky Trotter	Male Open	4 LSR LAD 2	00:00	03:58	06:16	08:22:02
41	267	Spr Nwaobiarah	Male Open	10 Fd Sqn (Air Sp) Team B	00:00	03:53	06:14	08:23:17
42	265	Lt Gillian	Female Open	10 Fd Sqn (Air Sp) Team B	00:00	03:54	06:20	08:23:24
43	266	Wo2 Robertson	Male Open	10 Fd Sqn (Air Sp) Team B	00:00	03:53	06:17	08:23:54
44	210	Pte Wadieh	Male Open	269 Battery RA	00:00	03:55	06:04	08:32:49
45	228	Gnr Horsfield	Male Open	457 Bty 106 Reg (V) RA Team A	00:00	04:07	06:47	08:43:48
46	229	Gnr Carrington	Male Open	457 Bty 106 Reg (V) RA Team A	00:00	04:06	06:47	08:43:53
47	263	Lcpl Preston	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	03:58	06:28	08:45:09
48	268	Spr Dunworth	Male Open	10 Fd Sqn (Air Sp) Team B	00:30	03:53	06:21	08:45:09
49	262	Spr Galli	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	03:59	06:31	08:46:17
50	264	Lt Cheesebrough	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	04:00	06:28	08:47:38
51	203	Josh Glanvill	Male Open	Passing Wind	00:00	04:23	06:46	08:53:10
52	204	Sarah Glanvill	Female Open	Passing Wind	00:00	04:24	06:46	08:54:33
53	227	Lbdr McNeill	Male Open	457 Bty 106 Reg (V) RA Team A	00:00	04:06	06:47	08:55:17
54	202	Nick Glanvill	Male Vet 50	Passing Wind	00:00	04:24	06:46	08:56:26
55	261	Capt Dullaghan	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	03:58	06:26	08:57:14
56	257	Thomas Salt	Male Open	Knight Ambling	00:00	04:16	06:46	09:12:09
57	258	Peter Knight	Male Open	Knight Ambling	00:00	04:16	06:46	09:12:13
58	259	Alastair Bishop	Male Open	Knight Ambling	00:00	04:16	06:46	09:12:21

59	197	Stephen Hill	Male Open	Mase's Mob	00:00	04:19	06:44	09:14:40
60	194	Steven Mason	Male Open	Mase's Mob	00:00	04:19	06:43	09:14:43
61	196	Andrew Moncur	Male Open	Mase's Mob	00:00	04:19	06:43	09:15:00
62	195	Anthony Mason	Male Vet 50	Mase's Mob	00:00	04:19	06:43	09:15:09
63	224	Wo2 Webber	Male Vet 40	106 Reg RA (V) RHQ	00:00	04:29	07:20	09:39:55
64	230	Gnr White	Male Open	457 Bty 106 Reg (V) RA Team A	00:30	04:35	07:21	10:19:01
=	241	WO2 Hardy	Male Vet 50	101 FS Bn Reme (Reg A)		04:32	06:50	Rtd
=	233	Lbdr Brooks	Male Open	457 Bty 106 REg RA (V) Team B		05:04	08:17	Rtd
=	246	Lcpl Grosvenor	Male Open	101 FS Bn Reme (Reg B)		03:39		Rtd
=	209	Sgt Potter	Male Open	269 Battery RA		03:43		Rtd
=	231	Sgt Chance	Male Vet 40	457 Bty 106 REg RA (V) Team B		05:04		Rtd
=	223	Wo2 Mullen	Male Vet 40	106 Reg RA (V) RHQ		05:06		Rtd
=	225	Gnr Palmer	Male Vet 50	106 Reg RA (V) RHQ		05:14		Rtd
=	232	Lbdr Kitajewski	Male Open	457 Bty 106 REg RA (V) Team B		05:14		Rtd
=	234	Gnr Gartshore	Male Open	457 Bty 106 REg RA (V) Team B		05:14		Rtd

Rhedwyr Mynydd: Dosbarth E / Fell Runners: Class E Amser Cychwyn / Start Time: 10:30

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Pen y Pass	Diwedd Finish
1	309	Edward Harmer	Male Vet 40	ERYRI	00:00	00:56	02:00:48
2	305	Steven Clucas	Male Open	Unattached	00:00	00:58	02:08:01
3	288	Jeremy Randell	Male Vet 40	Clwydian Range Runners	00:00	01:04	02:08:20
4	298	Gary Porter-Jones	Male Vet 40	Eryri Harriers	00:00	01:01	02:09:01
5	279	Haydn Williams	Male Open	Barrow Runners	00:00	01:06	02:10:41
6	286	Kean Rowlands	Male Vet 50	Clwydian Range Runners	00:00	01:03	02:13:37
7	307	David Bevan	Male Vet 40	Saddleworth Runners	00:00	01:06	02:14:02
8	294	Stuart Reeves	Male Open	Unattached	00:00	01:06	02:14:16
9	295	Clare Miller	Female Open	London Heathside Runners AC	00:00	01:09	02:14:18
10	296	Richard Borne	Male Vet 40	Mysteruns of Abergele	00:00	01:08	02:21:28
11	277	Kate Worthington	Female Open	Eryri Harriers	00:00	01:09	02:21:38
12	275	Ali Thomas	Female Vet 40	Eryri Harriers	00:00	01:08	02:24:04
13	290	Emily Wood	Female Vet 40	Eryri Harriers	00:00	01:12	02:24:59
14	303	Mike Blake	Male Vet 60	Rhedwyr Eryri	00:00	01:07	02:25:50
15	281	Damian Warren	Male Open	Unattached	00:00	01:11	02:26:54
16	287	Sandra Rowlands	Female Vet 40	Clwydian Range Runners	00:00	01:16	02:28:03
17	289	Ian Blakemore	Male Vet 50	Eryri Harriers	00:00	01:09	02:28:59
18	301	Phil Cloete	Male Vet 40	Unattached	00:00	01:15	02:31:44
19	302	Gerard Tennant	Male Open	Unattached	00:00	01:10	02:32:02
20	308	Stel Farrar	Female Vet 50	Unattached	00:00	01:17	02:32:53
21	304	John Humphries	Male Vet 50	Mysteruns of Abergele	00:00	01:19	02:40:37
22	283	Laraine Porter	Female Vet 50	West End Runners	00:00	01:27	02:45:05
23	300	Tony Paul	Male Open	UNNATTACHED	00:30	01:14	02:49:42
24	284	Paul Waldron	Male Vet 40	Tavistock AC	00:00	01:32	02:50:36
25	310	Stephen Cannons	Male Vet 40		00:00	01:32	02:51:44
26	299	Simon Barkley	Male Vet 40	Oswestry Olympians	00:00	01:32	02:52:00
27	306	Neil Mackie	Male Open	Unattached	00:00	01:27	02:57:18

28	282	Laura Middleton	Female Open	Unattached	00:00	01:27	02:58:57
29	291	Jim Bennell	Male Vet 60	Eryri Harriers	00:00	01:23	03:01:08
30	297	Margaret Oliver	Female Vet 60	Eryri Harriers	00:00	01:31	03:01:38
31	318	Ed Wakeford	Male Vet 40	Unattached	00:00	01:39	03:07:31
32	280	Sarah Hargreaves	Female Vet 60	West End Runners	00:00	01:41	03:13:40
33	292	Sheila Bennell	Female Vet 60	Eryri Harriers	00:00	01:42	03:24:14
34	293	Susanne Bennell	Female Open	Unattached	00:00	01:42	03:24:17

Mynyddwyr: Class F / Mountaineers: Class F Amser Cychwyn / Start Time: 10:35

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Pen y Pass	Diwedd Finish
1	311	Alun Roberts	Male Vet 40	Unattached	00:00	01:39	03:32:08
2	314	Peter Potter	Male Vet 50	DEE	00:00	01:39	03:48:49
3	315	Hilary Jaques	Female Vet 50	Unattached	00:00	01:57	04:00:32
4	316	Melanie Williams	Female Vet 50	Mysteruns of Abergele	00:00	01:57	04:00:36
5	313	David Jenns	Male Vet 60	Unattached	00:00	01:58	04:00:52
6	312	Harold Binmore	Male Vet 60	Unattached	00:00	02:17	04:52:23

Splits

Rhedwyr Mynydd: Dosbarth A / Fell Runners: Class A Amser Cychwyn / Start Time: 09:00

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Alpha	Lima	Delta	Bravo	Foxtrot	Pen y Pass	Uniform	Diwedd Finish
1	94	Colin Donelly	Male Vet 50	Lochaber AC	00:00	00:56:55	00:23:38	00:18:48	00:24:19	01:12:31	00:20:44	00:44:25	00:07:35
2	40	Chris Burn	Male Open	London Heathside Runners AC	00:00	00:57:14	00:23:10	00:18:33	00:18:55	01:10:56	00:18:20	00:50:53	00:08:08
3	12	Neal Hockley	Male Open	WFRA	00:00	00:58:05	00:22:22	00:18:44	00:18:38	01:13:00	00:19:25	00:52:16	00:07:45
4	74	Matthew Fortes	Male Open	Eryri Harriers	00:00	00:59:32	00:24:56	00:18:13	00:18:12	01:10:27	00:17:07	00:56:43	00:08:36
5	116	Dave Wilby	Male Open	Ilkley Harriers AC	00:00	00:56:58	00:23:37	00:18:54	00:21:50	01:14:01	00:19:49	00:57:08	00:08:46
6	125	Ed Bailey	Male Open	Unattached	00:00	00:59:26	00:25:06	00:17:55	00:18:23	01:12:00	00:19:27	00:56:39	00:09:35
7	72	Sam Smith	Male Open	Eryri Harriers	00:00	01:00:32	00:23:54	00:18:07	00:18:44	01:13:19	00:19:39	00:58:27	00:09:14
8	127	Gancho Slavov	Male Open	Aberystwyth AC	00:00	00:58:42	00:25:55	00:21:19	00:22:40	01:21:30	00:24:28	00:52:34	00:07:46
9	39	David Lee Parker	Male Open	Meirionnydd rc	00:00	00:57:11	00:23:26	00:18:50	00:21:59	01:21:53	00:25:19	01:00:16	00:08:57
10	17	Ken Sutor	Male Vet 40	Cheshire Hash House Harriers	00:00	00:59:06	00:28:06	00:20:58	00:23:09	01:20:21	00:25:49	00:58:14	00:09:21
11	92	Adrian Williams	Male Vet 40	Eryri Harriers	00:00	01:03:13	00:26:43	00:19:24	00:22:00	01:24:21	00:24:05	00:56:11	00:08:36
12	82	Hugh Odonnell	Male Open	Ambleside AC	00:00	00:59:35	00:24:55	00:18:09	00:18:35	01:18:33	00:21:01	01:10:47	00:11:13
13	60	Stuart Henderson	Male Open	Army HQ	00:00	00:57:08	00:23:31	00:18:54	00:23:32	01:20:17	00:30:09	01:04:18	00:10:20
14	7	Owen Manod Rees	Male Open	Unattached	00:00	01:02:10	00:25:54	00:19:19	00:25:54	01:28:27	00:22:16	01:01:55	00:08:53
15	75	Matthew Heywood	Male Open	Unattached	00:00	01:00:53	00:23:41	00:19:13	00:25:27	01:27:04	00:27:25	01:03:56	00:09:58
16	13	Chris Baynham-Hughes	Male Open	Helsby RC	00:00	01:03:45	00:27:40	00:21:09	00:26:24	01:29:17	00:26:15	00:55:43	00:08:40
17	11	Simon Ellis	Male Vet 40	Tattenhall Runners	00:00	01:04:52	00:27:04	00:20:59	00:23:39	01:24:43	00:24:49	01:01:27	00:08:37
18	103	Mark Atherton	Male Vet 40	Meirionnydd r c	00:00	01:05:03	00:26:55	00:21:11	00:24:28	01:28:31	00:25:13	00:58:42	00:08:59
19	102	Andrew Stimson	Male Open	MDOC	00:00	01:04:25	00:27:35	00:22:00	00:24:43	01:27:57	00:25:13	01:01:20	00:09:10
20	86	Mark Davies	Male Open	NWRRC	00:00	01:04:03	00:25:57	00:21:48	00:24:26	01:30:25	00:23:00	01:03:38	00:09:18
21	147	Tim Watson	Male Vet 40	ERYRI	00:00	01:03:16	00:26:51	00:21:45	00:24:32	01:30:09	00:22:58	01:02:45	00:10:33
22	124	Sean Taylor	Male Open	Mynydd Du	00:00	01:04:40	00:27:01	00:20:56	00:23:22	01:25:09	00:23:28	01:12:25	00:08:56
23	88	Mick Loftus	Male Vet 40	Valley Striders AC	00:00	01:04:37	00:26:52	00:20:25	00:23:17	01:28:08	00:24:03	01:08:58	00:09:46
24	80	Jason Phillips	Male Open	Unattached	00:00	01:01:12	00:25:25	00:21:36	00:23:10	01:25:41	00:23:58	01:14:13	00:11:26
25	126	David Powell	Male Vet 50	Aberystwyth AC	00:00	01:06:22	00:26:56	00:22:15	00:24:06	01:27:39	00:26:59	01:04:42	00:09:31
26	62	Paul West-Watson	Male Open	Fleet Fleet Triathletes	00:00	01:05:29	00:27:47	00:21:35	00:23:21	01:28:33	00:24:05	01:08:23	00:08:58
27	85	Johann Breytenbach	Male Open	Unattached	00:00	01:10:44	00:26:38	00:21:40	00:23:26	01:29:23	00:24:03	01:04:23	00:09:39
28	67	Tim Laney	Male Vet 50	Unattached	00:00	01:05:50	00:27:44	00:21:22	00:22:28	01:26:52	00:23:09	01:12:13	00:11:01
29	104	Thomas Smith	Male Open	Unattached	00:00	01:06:42	00:26:25	00:21:39	00:22:55	01:28:16	00:30:56	01:05:31	00:09:13
30	53	Lizzie Wraith	Female Open	Team Bath AC	00:00	01:08:15	00:26:43	00:21:59	00:23:59	01:33:05	00:25:05	01:07:59	00:10:20
31	69	Steven Fenney	Male Vet 40	Stone Master Marathoners	00:00	01:04:56	00:26:44	00:21:12	00:21:49	01:27:23	00:22:58	01:19:30	00:11:22
32	106	Craig South	Male Vet 40	Unattached	00:00	01:08:47	00:27:18	00:23:28	00:24:26	01:28:58	00:23:58	01:10:47	00:12:11
33	70	David Morris	Male Open	Unattached	00:00	01:05:25	00:27:56	00:21:38	00:26:04	01:31:47	00:30:25	01:07:50	00:11:19

34	115	Shaun Lamb	Male Open	Army HQ	00:00	01:08:29	00:27:28	00:23:44	00:25:29	01:33:50	00:27:48	01:06:01	00:09:28
35	121	Barry Daniels	Male Open	Unattached	00:00	01:08:34	00:27:25	00:23:36	00:25:31	01:33:51	00:27:55	01:06:03	00:09:42
36	51	Emlyn Roberts	Male Vet 40	Eryri Harriers	00:00	01:12:26	00:28:11	00:21:54	00:21:12	01:31:40	00:21:31	01:12:16	00:09:30
37	22	Chris Wilcox	Male Vet 50	Clwydian Range Runners	00:00	01:07:17	00:26:28	00:22:21	00:25:06	01:34:09	00:28:37	01:10:35	00:10:13
38	108	Howard Gold	Male Vet 40	London Heathside Runners AC	00:00	01:00:22	00:26:17	00:25:02	00:31:16	01:37:23	00:31:26	01:09:25	00:10:39
39	19	Glyn Fletcher	Male Vet 50	Maldwyn Harriers	00:00	01:10:56	00:27:25	00:22:34	00:21:50	01:31:20	00:23:42	01:15:25	00:10:31
40	89	James Richards	Male Open	Unattached	00:00	01:09:03	00:27:14	00:23:06	00:24:55	01:34:27	00:27:39	01:11:06	00:10:26
41	91	Rob Thomson	Male Open	Unattached	00:00	01:06:11	00:28:32	00:21:47	00:24:30	01:33:56	00:29:17	01:12:46	00:10:55
42	129	John Taylor	Male Vet 40	FRA	00:00	01:10:40	00:27:30	00:22:55	00:26:02	01:36:59	00:27:42	01:08:22	00:10:14
43	57	Mark Shercliff	Male Open	Army HQ	00:00	01:04:36	00:27:00	00:21:49	00:27:45	01:36:28	00:32:14	01:11:59	00:10:36
44	31	Ralph Pawling	Male Open	Unattached	00:00	01:10:09	00:27:57	00:23:17	00:26:27	01:34:26	00:29:43	01:09:48	00:10:10
45	36	John Parkinson	Male Vet 40	Eryri Harriers	00:00	01:10:12	00:27:50	00:23:24	00:26:16	01:34:06	00:29:02	01:10:33	00:10:29
46	27	Christopher Wiley	Male Open	Fleckney & Kibworth RC	00:00	01:07:56	00:26:44	00:22:35	00:25:40	01:35:46	00:28:56	01:13:07	00:10:37
47	319	James Rhodes	Male Vet 40	Bowland Fell	00:00	01:06:27	00:28:07	00:21:51	00:25:43	01:35:10	00:25:52	01:17:45	00:10:40
48	58	Simon Graham	Male Open	Army HQ	00:00	01:06:51	00:27:29	00:23:04	00:27:56	01:36:58	00:28:01	01:12:46	00:10:45
49	32	Andrew Young	Male Open	Unattached	00:00	01:00:05	00:26:45	00:24:41	00:26:00	01:32:54	00:42:00	01:09:59	00:09:54
50	33	Rob Barber	Male Vet 40	Eryri Harriers	00:00	01:10:36	00:28:09	00:22:56	00:24:55	01:36:44	00:30:26	01:08:22	00:10:37
51	56	Nick Pryce-Jones	Male Open	Army HQ	00:00	01:06:57	00:27:26	00:25:06	00:28:35	01:35:40	00:32:52	01:08:28	00:11:40
52	119	Ian Lancaster	Male Vet 50	Tattenhall Runners	00:00	01:06:39	00:27:21	00:22:08	00:25:00	01:41:06	00:28:36	01:13:07	00:11:17
53	93	Sam Green	Male Open	Bangor University Athletics	00:00	01:10:20	00:27:58	00:23:25	00:27:21	01:37:10	00:33:16	01:10:03	00:10:51
54	101	Jack Scannell	Male Vet 40	Eryri Harriers	00:00	01:07:20	00:28:35	00:24:41	00:26:22	01:37:53	00:31:42	01:13:32	00:10:52
55	117	Iwan Edgar	Male Vet 50	Rhedwyr Eryri	00:00	01:07:22	00:28:30	00:24:38	00:26:24	01:38:02	00:31:27	01:13:41	00:11:01
56	25	Andy Quicke	Male Open	Manchester Triathlon Club	00:00	01:10:50	00:29:27	00:22:25	00:25:36	01:36:49	00:32:31	01:13:58	00:10:52
57	8	Dave Austin	Male Vet 40	Chepstow Harriers	00:00	01:15:49	00:30:47	00:23:01	00:23:05	01:33:55	00:24:19	01:18:24	00:11:01
58	71	Andrew Turner	Male Open	Unattached	00:00	01:08:42	00:27:19	00:23:43	00:26:19	01:42:06	00:32:22	01:13:37	00:10:59
59	2	Nicholas Mead	Male Vet 40	Unattached	00:00	01:13:41	00:29:56	00:25:07	00:30:49	01:43:35	00:31:30	01:05:45	00:10:21
60	76	Heather Dawe	Female Open	Unattached	00:00	01:13:05	00:31:32	00:26:37	00:28:39	01:41:01	00:29:24	01:09:14	00:11:10
61	37	Chris Smith	Male Vet 40	Gorphwysfa Club	00:00	01:09:23	00:28:51	00:24:36	00:29:15	01:43:08	00:33:30	01:15:59	00:12:06
62	128	Noel Hogan	Male Vet 40	FRA	00:00	01:13:22	00:29:48	00:25:08	00:29:31	01:44:20	00:30:48	01:13:52	00:10:20
63	4	Nigel Glaze	Male Vet 40	Mercia Fell Runners	00:00	01:13:20	00:30:13	00:25:49	00:29:05	01:44:46	00:29:40	01:14:06	00:09:52
64	44	Adrian Chewter	Male Open	Unattached	00:00	01:13:09	00:29:44	00:24:45	00:27:28	01:43:38	00:31:10	01:15:13	00:10:44
65	97	Cply Scott Filmer	Male Open	AASP Regt RLC	00:00	01:03:36	00:27:56	00:21:17	00:29:09	01:46:21	00:36:46	01:18:47	00:14:32
66	90	Mike Bridge	Male Open	Garden City Runners	00:00	01:09:44	00:27:20	00:23:55	00:23:15	01:41:36	00:33:29	01:23:55	00:12:44
67	38	Andy Dunn	Male Open	Bristol and west ac	00:00	01:04:49	00:30:12	00:26:14	00:28:34	01:44:35	00:38:50	01:16:31	00:16:48
68	55	Ali Seth	Male Open	Army HQ	00:00	01:13:15	00:30:14	00:24:16	00:26:47	01:54:33	00:32:03	01:15:26	00:11:24
69	118	Nicholas Kaiser	Male Vet 50	HURT (Hawaii Ultra Running Tea	00:00	01:15:15	00:30:36	00:25:15	00:31:19	01:51:04	00:39:24	01:11:46	00:11:15
70	78	Edwin Sherstone	Male Vet 40	Southport Waterloo AC	00:00	01:15:18	00:30:28	00:26:38	00:29:58	01:49:44	00:33:25	01:17:38	00:11:45
71	79	Clive Edwards	Male Vet 60	WFRA	00:00	01:20:29	00:33:45	00:26:42	00:26:50	01:49:05	00:27:42	01:19:28	00:11:57
72	54	Sasha Habgood	Female Vet 40	Mynydd Du	00:00	01:17:40	00:34:12	00:34:17	00:24:40	01:45:27	00:28:03	01:18:31	00:11:38
73	61	Brian Robbins	Male Vet 60	Eryri Harriers	00:00	01:20:26	00:33:37	00:25:44	00:27:00	01:48:57	00:28:50	01:21:05	00:11:29

74	49	Celia Mills	Female Vet 40	Unattached	00:00	01:19:18	00:35:13	00:30:18	00:27:56	01:45:35	00:29:22	01:18:48	00:12:05	
75	41	Simon Alderdice	Male Vet 40	DMVAC	00:00	01:14:14	00:31:43	00:24:51	00:28:30	01:51:13	00:44:58	01:15:48	00:13:20	
76	123	Clare Dallimore	Female Open	Eryri Harriers	00:00	01:23:36	00:35:45	00:30:15	00:31:18	01:50:20	00:32:42	01:15:14	00:08:43	
77	48	Mairi-Jane Mallen	Female Vet 40	Unattached	00:00	01:16:14	00:35:25	00:34:46	00:26:34	01:51:51	00:29:52	01:18:34	00:11:19	
78	122	Caroline Dallimore	Female Vet 50	Mynyddwyr De Cymru (MDC)	00:00	01:23:38	00:35:50	00:30:13	00:31:15	01:50:53	00:32:07	01:16:35	00:11:44	
79	66	Mike Symons	Male Vet 40	Manchester YMCA Harriers	00:00	01:16:07	00:35:36	00:33:25	00:27:14	01:46:20	00:33:52	01:24:23	00:12:49	
80	59	Iain Wallace	Male Open	Army HQ	00:00	01:24:43	00:34:06	00:26:23	00:26:57	01:52:20	00:31:53	01:23:10	00:11:50	
81	96	Cfn Read	Male Open	13 AASP Regt RLC	00:00	01:09:13	00:27:02	00:24:23	00:27:29	01:48:34	00:47:42	01:34:52	00:12:47	
82	63	Peter M W Jones	Male Vet 50	Not a club member	00:00	01:17:36	00:34:20	00:34:33	00:26:27	01:52:26	00:30:57	01:22:32	00:13:41	
83	77	Paul Hunt	Male Vet 40	Goyt Valley Striders	00:00	01:23:34	00:33:36	00:28:43	00:32:17	01:54:58	00:32:47	01:21:32	00:12:47	
84	98	Neil Standring	Male Vet 40	Unattached	00:00	01:16:25	00:29:34	00:25:21	00:32:19	01:59:32	00:37:53	01:26:28	00:13:11	
85	84	Russell Taylor	Male Vet 40	Unattached	00:00	01:16:22	00:29:32	00:25:29	00:32:05	01:59:24	00:37:57	01:26:33	00:13:14	
86	10	Pat Peers	Female Vet 50	Pensby Runners	00:00	01:19:00	00:35:26	00:30:14	00:31:42	01:56:07	00:35:11	01:22:27	00:12:29	
87	5	Chris Brumby	Male Vet 40	Sandbach Striders	00:00	01:23:40	00:34:40	00:27:38	00:33:12	01:58:09	00:40:56	01:14:22	00:12:07	
88	9	Andy McPherson	Male Open	Brabond AC	00:00	01:23:25	00:33:27	00:28:03	00:29:39	01:58:15	00:37:31	01:27:45	00:13:04	
89	15	Jonathan Newby	Male Vet 40	Somerset R C Tri	00:00	01:23:31	00:33:18	00:28:11	00:29:52	02:09:40	00:35:21	01:21:40	00:13:04	
90	14	Matt Price	Male Vet 40	Somerset R C Tri	00:00	01:25:52	00:35:36	00:29:11	00:36:35	02:03:56	00:37:02	01:20:31	00:12:48	
91	42	Mark Hobson	Male Vet 50	Rochdale Harriers & AC	00:00	01:23:46	00:34:07	00:30:00	00:31:37	02:08:17	00:34:56	01:30:13	00:13:03	
92	113	Paul Hindle	Male Vet 50	Wharfedale Harriers	00:00	01:26:13	00:36:03	00:29:23	00:29:33	02:03:26	00:35:16	01:33:47	00:10:54	
93	107	Kirk Davies	Male Vet 40	Army HQ	00:00	01:18:04	00:35:01	00:27:33	00:31:23	02:15:55	00:40:55	01:27:11	00:10:48	
94	1	Nigel Crompton	Male Vet 50	Pensby Runners	00:00	01:24:36	00:37:28	00:29:46	00:30:20	02:03:38	00:34:38	01:31:58	00:14:02	
95	34	Mick Buin	Male Vet 50	Pure gym Stockport	00:00	01:18:57	00:36:30	00:30:22	00:33:36	02:11:10	00:40:05	01:26:05	00:13:14	
96	114	Edward Lesniak	Male Vet 50	Achille Ratti Climbing Club	00:00	01:26:19	00:36:09	00:29:30	00:29:27	02:03:12	00:35:12	01:34:08	00:13:08	
97	95	Pte Jason Wilson	Male Open	13 AASP Regt RLC	00:00	01:10:47	00:30:01	00:28:43	00:33:23	02:05:38	01:09:03	01:21:22	00:14:21	
98	81	Brendan Stone	Male Vet 40	Unattached	00:00	01:28:21	00:36:23	00:28:58	00:35:38	02:16:41	00:42:45	01:29:51	00:13:54	
99	3	David Owen	Male Vet 60	Prestatyn	00:00	01:26:04	00:36:26	00:29:25	00:28:42	02:03:30	00:34:31	01:51:46	00:15:28	
100	87	Alwyn Williams	Male Open	Eryri Harriers	00:00	01:28:16	00:38:16	00:31:40	00:37:23	02:28:14	00:41:54	01:42:04	00:17:02	
101	30	Andy Cox	Male Vet 40	Unattached	00:00	01:30:36	00:52:17	00:34:46	00:39:55	02:33:06	00:32:23	01:51:43	00:10:57	
=	120	Paul Beeson	Male Vet 40	Maldwyn Harriers		01:05:05	00:26:46	00:21:06	00:21:25	01:25:36	03:50:27			Rtd
=	65	Matt Harrison	Male Vet 40	Mercia Fell Runners		01:07:53	00:29:13	00:25:16	00:26:50	02:05:37	04:56:04			Rtd
=	50	Paul Jones	Male Vet 40	Eryri Harriers		01:04:00	00:26:10							Rtd
=	73	Steve Lang	Male Vet 40	Cheshire Hill Racers		01:04:53	00:26:34	00:21:04	00:32:56					Rtd
=	43	Stephen Bajic	Male Vet 50	Mercia Fell Runners		01:11:37	00:31:49	00:27:36	00:23:03					Rtd
=	64	Andy Robinson	Male Vet 50	Mercia Fell Runners		01:08:01	00:29:35	00:25:26	00:31:14	02:05:22				Rtd
=	20	Hugh Rivett	Male Open	Unattached		01:25:26	00:36:19							Rtd
=	105	David Say	Male Vet 60	Unattached		01:27:49	00:36:48	00:30:33	00:33:53	02:23:03				Rtd
=	52	Bernard Corfe	Male Vet 40	Unattached		01:25:24	00:38:15	00:34:28	00:40:24					Rtd
=	109	Caroline Wilson	Female Vet 50	Unattached		01:46:20	00:55:46	00:34:39	00:40:58					Rtd
=	6	Ian Blakeborough	Male Vet 60	Cheshire Hash House Harriers		01:38:32			00:49:25	02:44:41				Rtd

Mynyddwyr: Dosbarth B / Mountaineers: Class B Amser Cychwyn / Start Time: 08:04

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Alpha	Lima	Delta	Bravo	Foxtrot	Pen y Pass	Uniform	Diwedd Finish
1	133	Robert Hind	Male Vet 50	Blind Veterans UK	00:00	01:14:54	00:32:34	00:25:53	00:28:15	01:37:55	00:29:38	01:13:01	00:10:19
2	137	John Sammut	Male Open	Unattached	00:00	01:18:23	00:32:04	00:24:22	00:27:24	01:43:09	00:26:10	01:13:10	00:11:22
3	136	John Sullivan	Male Vet 50	Unattached	00:00	01:35:36	00:37:13	00:30:09	00:33:00	01:52:41	00:32:04	01:29:54	00:14:37
4	145	Martin Crossley	Male Open	Unattached	00:00	01:29:15	00:38:43	00:27:25	00:30:42	02:02:34	00:33:08	01:33:20	00:14:28
5	142	Edward Steele	Male Open	Tunbridge Wells Harriers	00:00	01:34:34	00:38:39	00:31:24	00:40:57	02:07:34	00:40:16	01:18:04	00:14:46
6	135	Dominic Charles	Male Vet 40	Unattached	00:00	01:35:33	00:37:10	00:30:13	00:34:50	02:04:11	00:45:13	01:28:19	00:13:18
7	134	Michael Graham	Male Vet 40	Unattached	00:00	01:34:37	00:38:09	00:30:04	00:35:00	02:04:14	00:43:20	01:30:08	00:15:05
8	144	Mladenka Hooper	Female Open	Prestatyn RC	00:00	01:40:53	00:46:56	00:33:59	00:37:23	02:24:12	00:41:40	01:34:27	00:16:36
9	143	Helen Ashworth	Female Open	Prestatyn RC	00:00	01:41:40	00:46:13	00:34:15	00:37:13	02:25:01	00:40:33	01:36:09	00:15:33
10	131	Joe Barlow	Male Vet 50	Unattached	00:00	01:53:21	00:43:23	00:35:33	00:47:45	02:42:24	01:05:44	01:51:18	00:12:07
11	132	Matt Barlow	Male Vet 40	Unattached	00:00	01:53:27	00:43:25	00:35:31	00:47:43	02:42:31	01:05:42	01:50:56	00:14:00
=	146	Geoffrey Price	Male Vet 60	Unattached		01:53:19	00:44:32	00:37:50	00:49:55	03:08:56			

Rtd

Mynyddwyr: Dosbarth C / Mountaineers: Class C Amser Cychwyn / Start Time: 07:30

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Alpha	Lima	Delta	Bravo	Golf	Pen y Pass	Uniform	Diwedd Finish	
1	152	Paul Andrew Hodges	Male Vet 40	ERYRI	00:00	01:18:53	00:33:39	00:26:44	00:27:54	01:16:06	00:39:29	01:14:19	00:12:16	
2	156	Roy Silver	Male Vet 50	Les Croupiers	00:00	01:28:57	00:34:29	00:28:34	00:34:53	01:25:16	00:39:40	01:16:03	00:12:02	
3	165	Musn James Ellen	Male Open	Camus	00:00	01:24:06	00:39:53	00:31:35	00:38:30	01:36:46	00:45:21	01:26:01	00:15:21	
4	177	Mark Carr	Male Open	Unattached	00:00	01:42:38	00:45:21	00:33:48	00:43:54	01:42:39	00:49:02	01:28:13	00:14:50	
5	169	Leigh Williams	Male Open	Unattached	00:00	01:42:47	00:42:24	00:33:56	00:38:06	01:44:25	00:50:58	01:39:38	00:13:34	
6	170	Julian Goff	Male Vet 40	Unattached	00:00	01:42:50	00:42:17	00:34:10	00:39:04	01:44:19	00:51:14	01:39:24	00:13:37	
7	157	Steve Harris	Male Vet 50	Unattached	00:00	01:38:59	00:42:18	00:34:43	00:36:58	01:45:03	00:52:08	01:47:37	00:16:39	
8	178	Stephen Burrows	Male Vet 40	Unattached	00:00	01:42:43	00:45:26	00:33:49	00:43:54	01:44:15	01:01:13	01:35:57	00:15:57	
9	180	David Royse	Male Open	Gorphwysfa Club	00:00	01:44:42	00:48:53	00:33:47	00:40:57	01:46:43	01:02:25	01:37:00	00:15:09	
10	171	John Gibson	Male Vet 40	Unattached	00:00	01:42:54	00:49:15	00:35:50	00:48:32	02:00:37	00:52:48	01:40:18	00:16:35	
11	162	William Benbow	Male Open	Unattached	00:00	01:46:06	00:43:44	00:34:56	00:44:46	01:55:27	00:57:06	01:56:54	00:19:31	
12	172	Huw Benbow	Male Open	Unattached	00:00	01:46:14	00:43:38	00:35:05	00:44:38	01:55:30	00:57:11	01:56:48	00:19:28	
13	163	Bob Blackwell	Male Vet 50	Rhos on sea cycling club	00:00	01:54:49	00:51:26	00:34:37	00:49:22	02:07:50	01:06:45	01:51:20	00:17:56	
14	164	William Blackwell	Male Open	Rhos on sea cycling club	00:00	01:55:02	00:51:23	00:34:33	00:49:19	02:07:49	01:06:44	01:51:12	00:18:02	
15	154	Stevven Olive	Male Vet 50	Unattached	00:00	01:55:18	00:54:12	00:45:02	00:51:31	02:16:55	01:01:42	01:44:08	00:17:40	
16	153	Roz Tucker	Female Open	Cambridge Harriers	00:00	01:55:44	00:53:57	00:45:18	00:51:09	02:16:34	01:01:41	01:44:19	00:17:30	
17	155	Andrew Bonnett	Male Open	Unattached	00:00	01:55:39	00:53:57	00:45:19	00:51:16	02:16:35	01:01:51	01:44:05	00:17:43	
18	151	Ken Pudney	Male Vet 50	Unattached	00:00	02:01:17	00:56:52	00:45:00	00:55:02	02:14:43	00:58:40	01:54:49	00:18:07	
19	175	Keith Brown	Male Open	Unattached	00:00	02:01:02	00:56:39	00:45:22	00:55:25	02:14:59	00:58:40	01:53:46	00:19:09	
20	174	Matthew Brushett	Male Open	Unattached	00:00	02:00:57	00:56:41	00:45:27	00:55:20	02:14:53	00:58:36	01:53:58	00:19:07	
21	176	James Ormrod	Male Vet 50	Unattached	00:00	02:03:35	00:47:27	00:38:37	00:48:21	02:13:38	01:02:49	02:09:32	00:18:06	
22	173	Howard Dymond	Male Open	Unattached	00:00	02:08:58	00:53:35	00:44:40	00:51:08	02:19:47	01:05:23	01:57:45	00:13:35	
=	166	Stuart Ellen	Male Open	Unattached		02:10:47	00:57:53	00:44:09	00:56:48	02:39:21	07:37:34			Rtd
=	167	Rachel Robinson	Female Open	Unattached		02:11:20	00:58:09	00:45:18	00:55:06	02:37:44	07:38:05			Rtd
=	160	Richard Lamb	Male Open	Unattached		02:03:44	00:53:10	00:49:15	00:57:40	02:38:11				Rtd
=	158	Andrew Turner	Male Open	Unattached		02:03:52	00:53:06	00:49:15	00:57:44	02:38:11				Rtd
=	168	Hannah Suchy	Female Open	Unattached		02:11:09	00:57:46	00:46:10	01:00:10	02:37:31				Rtd
=	159	Anthony Powell	Male Vet 40	Unattached		02:12:40	01:08:00	00:48:57	01:07:19					Rtd

Tim: Dosbarth D / Team: Class D Amser Cychwyn / Start Time: 07:30

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Alpha	Lima	Delta	Bravo	Golf	Pen y Pass	Uniform	Diwedd Finish
1	242	Lcpl Budha-Magnr	Male Open	101 FS Bn Reme (Reg A)	00:00	01:31:30	00:36:11	00:31:35	00:32:01	01:29:02	00:40:12	01:04:25	00:09:40
2	201	Lt Jack Brown	Male Open	1 Rifles	00:00	01:24:17	00:39:01	00:35:45	00:41:39	01:40:01	00:41:17	00:59:26	00:10:34
3	222	WO1 Burke	Male Open	13 AASP Regt RLC Team C	00:00	01:22:39	00:32:55	00:30:04	00:33:39	01:32:03	00:42:48	01:27:38	00:13:54
4	218	Lcpl Ingledew	Male Open	13 AASP Regt RLC Team B	00:00	01:21:08	00:34:10	00:29:22	00:34:01	01:32:05	00:56:41	01:24:04	00:11:50
5	217	Ssgt Cambell	Male Open	13 AASP Regt RLC Team B	00:00	01:21:15	00:34:22	00:29:57	00:33:46	01:31:16	00:56:27	01:24:20	00:11:56
6	219	Pte Branch	Male Open	13 AASP Regt RLC Team B	00:00	01:21:22	00:34:04	00:29:19	00:34:52	01:32:19	00:56:40	01:23:50	00:12:13
7	239	Sgt Kirkham	Male Open	101 FS Bn Reme (Reg A)	00:00	01:31:07	00:36:40	00:31:48	00:31:49	01:29:11	00:40:11	01:28:43	00:15:38
8	220	Cpl Rogers	Male Open	13 AASP Regt RLC Team C	00:00	01:22:28	00:33:16	00:29:30	00:34:32	01:32:07	00:55:28	01:28:37	00:14:46
9	221	Cpl Tyler	Male Open	13 AASP Regt RLC Team C	00:00	01:22:33	00:33:13	00:29:54	00:34:09	01:31:32	00:55:37	01:28:45	00:14:44
10	240	Cpl Rai	Male Open	101 FS Bn Reme (Reg A)	00:00	01:31:36	00:36:23	00:31:56	00:31:34	01:28:57	00:40:14	01:37:40	00:14:04
11	243	Lt Knudson	Male Open	101 FS Bn Reme (Reg B)	00:00	01:36:56	00:45:13	00:36:12	00:40:56	01:48:19	00:46:17	01:06:45	00:09:27
12	200	Lt Josh Axford	Male Open	1 Rifles	00:00	01:24:20	00:38:30	00:36:54	00:42:19	01:39:28	00:42:36	01:34:55	00:13:46
13	198	Cpl Richardson	Male Open	1 Rifles	00:00	01:24:23	00:41:01	00:38:31	00:37:02	01:35:25	00:42:23	01:35:18	00:13:41
14	189	Peter Corry	Male Vet 40	DMP3	00:00	01:27:08	00:36:56	00:33:06	00:37:19	01:42:27	00:51:13	01:33:56	00:14:06
15	187	Stuart Fludger	Male Vet 40	DMP3	00:00	01:27:11	00:36:58	00:32:52	00:37:19	01:42:26	00:51:17	01:33:38	00:14:35
16	186	Richard Craig	Male Open	DMP3	00:00	01:27:05	00:33:06	00:33:06	00:37:09	01:42:27	00:51:03	01:33:49	00:14:41
17	188	James Mckevith	Male Open	DMP3	00:00	01:27:13	00:37:00	00:32:53	00:37:28	01:42:44	00:50:50	01:34:01	00:14:38
18	244	Wo1 Reid	Male Vet 40	101 FS Bn Reme (Reg B)	00:00	01:36:54	00:44:43	00:36:28	00:41:06	01:48:28	00:46:28	01:13:41	00:16:18
19	206	Maj Adam Greenfield	Male Open	Royal Artillery	00:00	01:43:51	00:46:22	00:35:48	00:46:40	01:59:42	00:55:29	01:20:52	00:11:41
20	245	Cpl Flynn	Male Open	101 FS Bn Reme (Reg B)	00:00	01:37:13	00:44:39	00:36:25	00:41:33	01:48:20	00:47:29	01:44:23	00:20:11
21	235	Cfn Leah	Male Open	101 FS Bn Reme (Res)	00:00	01:49:42	00:41:15	00:35:57	00:48:09	01:55:08	00:59:04	01:24:25	00:16:15
22	247	Lbdr Sheehan	Male Open	5 Regt RA	00:00	01:46:50	00:43:32	00:35:52	00:49:40	01:57:58	00:55:05	01:31:30	00:14:14
23	253	Johnny Barker	Male Junior	4LSR LAD 1	00:00	01:45:11	00:45:58	00:41:22	00:45:52	02:00:21	01:03:23	01:25:06	00:11:42
24	237	Cfn Levick	Male Open	101 FS Bn Reme (Res)	00:00	01:49:53	00:41:01	00:35:55	00:48:25	01:55:34	00:58:40	01:34:45	00:17:27
25	238	Lcpl Seabourne	Male Open	101 FS Bn Reme (Res)	00:00	01:49:50	00:41:10	00:35:58	00:48:19	01:54:54	00:59:17	01:37:55	00:19:36
26	250	Gnr Leigh-Goodall	Male Open	5 Regt RA	00:00	01:47:01	00:43:30	00:35:57	00:49:33	01:57:48	00:55:06	01:43:06	00:16:13
27	236	Cfn Pritchard	Male Open	101 FS Bn Reme (Res)	00:00	01:49:46	00:41:01	00:35:52	00:48:29	01:55:02	00:59:19	01:45:46	00:16:24
28	256	Matt Kelly	Male Open	4 LSR LAD 2	00:00	01:44:25	00:46:48	00:41:31	00:45:42	02:00:32	01:02:52	01:31:24	00:17:58
29	254	Ashley Manning	Male Open	4 LSR LAD 2	00:00	01:44:21	00:46:28	00:41:27	00:46:04	02:00:51	01:02:59	01:31:33	00:18:02
30	211	Sgt Lavery	Male Open	269 Battery RA	00:00	01:47:15	00:43:29	00:35:41	00:49:06	01:58:02	00:59:41	01:43:04	00:18:52
31	208	Lt Jeremy Gordon	Male Open	Royal Artillery	00:00	01:43:58	00:46:18	00:36:05	00:46:41	02:00:05	00:55:02	01:48:31	00:17:25
32	207	Lt Chris Hughes	Male Open	Royal Artillery	00:00	01:43:55	00:46:24	00:35:46	00:47:01	02:00:26	00:55:40	01:47:45	00:17:38
33	249	Gnr Gibson	Male Open	5 Regt RA	00:00	01:46:56	00:43:39	00:36:36	00:48:27	01:57:34	00:59:28	01:50:43	00:17:00
34	252	Bob Hicks	Male Open	4LSR LAD 1	00:00	01:45:14	00:45:50	00:41:10	00:45:58	02:00:48	01:02:35	01:47:21	00:16:25
35	215	Ian Davies	Male Vet 60	Randoms	00:00	01:47:57	00:52:44	00:43:44	00:48:07	01:52:48	01:13:23	01:33:37	00:15:35
36	214	James Gwyther	Male Open	Randoms	00:00	01:47:51	00:52:57	00:42:34	00:48:16	01:54:03	01:13:13	01:35:17	00:14:47
37	216	Richard Wilson	Male Vet 40	Randoms	00:00	01:48:01	00:52:34	00:43:34	00:48:06	01:53:11	01:07:46	01:40:37	00:15:08

38	213	Rhodri Evans	Male Vet 50	Randoms	00:00	01:47:46	00:52:52	00:42:58	00:47:57	01:53:10	01:08:09	01:39:11	00:17:00	
39	251	Gordon Meikle	Male Open	4LSR LAD 1	00:00	01:45:08	00:45:58	00:41:30	00:45:39	02:00:29	01:02:56	01:46:31	00:19:20	
40	255	Ricky Trotter	Male Open	4 LSR LAD 2	00:00	01:44:23	00:46:53	00:41:37	00:45:39	02:00:28	01:02:51	01:46:56	00:18:54	
41	267	Spr Nwaobiarah	Male Open	10 Fd Sqn (Air Sp) Team B	00:00	01:47:28	00:41:44	00:39:41	00:44:22	02:05:32	01:00:20	01:52:31	00:16:01	
42	265	Lt Gillian	Female Open	10 Fd Sqn (Air Sp) Team B	00:00	01:47:26	00:41:39	00:40:03	00:45:20	02:05:13	01:05:42	01:47:22	00:15:59	
43	266	Wo2 Robertson	Male Open	10 Fd Sqn (Air Sp) Team B	00:00	01:47:21	00:42:35	00:39:20	00:44:31	02:05:18	01:02:57	01:49:36	00:16:47	
44	210	Pte Wadieh	Male Open	269 Battery RA	00:00	01:47:12	00:43:28	00:36:26	00:48:51	01:57:47	00:59:24	02:08:47	00:19:45	
45	228	Gnr Horsfield	Male Open	457 Bty 106 Reg (V) RA Team A	00:00	01:43:42	00:51:44	00:41:03	00:50:35	02:12:05	01:18:44	01:38:59	00:17:31	
46	229	Gnr Carrington	Male Open	457 Bty 106 Reg (V) RA Team A	00:00	01:43:39	00:51:50	00:41:06	00:50:24	02:11:50	01:18:46	01:39:03	00:17:39	
47	263	Lcpl Preston	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	01:50:20	00:50:12	00:35:19	00:42:55	02:06:36	01:05:37	01:59:01	00:18:04	
48	268	Spr Dunworth	Male Open	10 Fd Sqn (Air Sp) Team B	00:30	01:47:31	00:42:02	00:39:32	00:44:35	02:05:23	01:06:48		01:53:53	
49	262	Spr Galli	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	01:50:32	00:49:56	00:36:25	00:43:03	02:05:40	01:09:01	01:56:54	00:17:49	
50	264	Lt Cheesebrough	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	01:50:15	00:50:04	00:35:52	00:44:26	02:06:27	01:06:07	01:58:56	00:19:57	
51	203	Josh Glanvill	Male Open	Passing Wind	00:00	01:57:44	00:56:19	00:39:15	00:50:23	02:14:15	00:58:58	01:54:09	00:12:30	
52	204	Sarah Glanvill	Female Open	Passing Wind	00:00	01:57:59	00:56:25	00:39:18	00:50:39	02:13:57	00:59:01	01:53:20	00:14:33	
53	227	Lbdr McNeill	Male Open	457 Bty 106 Reg (V) RA Team A	00:00	01:43:35	00:52:01	00:41:04	00:50:15	02:11:50	01:18:46	01:50:21	00:17:40	
54	202	Nick Glanvill	Male Vet 50	Passing Wind	00:00	01:57:56	00:56:24	00:39:14	00:50:42	02:14:02	00:59:08	01:54:01	00:15:41	
55	261	Capt Dullaghan	Male Open	10 Fd Sqn (Air Sp) Team A	00:00	01:50:23	00:49:59	00:35:08	00:43:21	02:06:51	01:04:37	02:12:46	00:17:30	
56	257	Thomas Salt	Male Open	Knight Ambling	00:00	01:54:32	00:52:54	00:40:06	00:49:08	02:13:52	01:05:04	02:07:24	00:18:17	
57	258	Peter Knight	Male Open	Knight Ambling	00:00	01:54:35	00:52:52	00:40:44	00:48:31	02:13:18	01:05:05	02:07:03	00:18:36	
58	259	Alastair Bishop	Male Open	Knight Ambling	00:00	01:54:38	00:52:52	00:40:49	00:48:25	02:13:12	01:05:07	02:07:10	00:18:33	
59	197	Stephen Hill	Male Open	Mase's Mob	00:00	02:02:48	00:50:46	00:42:00	00:44:04	02:05:01	01:04:00	02:11:25	00:18:40	
60	194	Steven Mason	Male Open	Mase's Mob	00:00	02:02:44	00:50:46	00:41:54	00:44:11	02:04:37	01:03:41	02:12:15	00:18:46	
61	196	Andrew Moncur	Male Open	Mase's Mob	00:00	02:02:51	00:50:27	00:42:13	00:43:58	02:04:40	01:03:37	02:12:02	00:19:10	
62	195	Anthony Mason	Male Vet 50	Mase's Mob	00:00	02:02:41	00:50:46	00:42:00	00:43:58	02:04:39	01:03:38	02:12:10	00:19:15	
63	224	Wo2 Webber	Male Vet 40	106 Reg RA (V) RHQ	00:00	02:03:04	00:50:00	00:48:22	00:48:09	02:33:07	01:06:20	02:10:25	00:08:37	
64	230	Gnr White	Male Open	457 Bty 106 Reg (V) RA Team A	00:30	02:02:55	00:50:15	00:48:41	00:53:14	02:32:10	01:07:37		02:29:23	
=	241	WO2 Hardy	Male Vet 50	101 FS Bn Reme (Reg A)		01:55:30	00:54:13	00:45:26	00:57:31	02:12:52	06:50:58			Rtd
=	233	Lbdr Brooks	Male Open	457 Bty 106 REg RA (V) Team B		02:06:37	01:29:06	00:39:48	00:49:03	03:05:20	08:17:36			Rtd
=	246	Lcpl Grosvenor	Male Open	101 FS Bn Reme (Reg B)		01:37:17	00:44:45	00:36:31	00:41:13					Rtd
=	209	Sgt Potter	Male Open	269 Battery RA		01:47:09	00:43:17	00:37:52	00:34:49					Rtd
=	231	Sgt Chance	Male Vet 40	457 Bty 106 REg RA (V) Team B		02:06:29	01:29:11	00:39:56	00:49:12	03:04:52				Rtd
=	223	Wo2 Mullen	Male Vet 40	106 Reg RA (V) RHQ		02:21:53	00:58:21	00:46:59	00:59:26	03:01:41				Rtd
=	225	Gnr Palmer	Male Vet 50	106 Reg RA (V) RHQ		02:21:58	00:58:18	00:48:57	01:05:30	03:00:00				Rtd
=	232	Lbdr Kitajewski	Male Open	457 Bty 106 REg RA (V) Team B		02:06:34	01:29:13	00:41:23	00:57:42	03:03:32				Rtd
=	234	Gnr Gartshore	Male Open	457 Bty 106 REg RA (V) Team B		02:22:08	00:58:48	00:49:39	01:04:22	02:58:33				Rtd

Rhedwyr Mynydd: Dosbarth E / Fell Runners: Class E Amser Cychwyn / Start Time: 10:30

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Foxtrot	Pen y Pass	Uniform	Diwedd Finish
1	309	Edward Harmer	Male Vet 40	ERYRI	00:00	00:39:02	00:17:24	00:55:58	00:08:24
2	305	Steven Clucas	Male Open	Unattached	00:00	00:39:50	00:18:14	00:59:49	00:10:08
3	288	Jeremy Randell	Male Vet 40	Clwydian Range Runners	00:00	00:42:41	00:22:05	00:55:28	00:08:06
4	298	Gary Porter-Jones	Male Vet 40	Eryri Harriers	00:00	00:42:36	00:18:38	00:58:55	00:08:52
5	279	Haydn Williams	Male Open	Barrow Runners	00:00	00:46:08	00:20:15	00:55:40	00:08:38
6	286	Kean Rowlands	Male Vet 50	Clwydian Range Runners	00:00	00:43:35	00:20:19	01:00:48	00:08:55
7	307	David Bevan	Male Vet 40	Saddleworth Runners	00:00	00:44:07	00:21:56	00:59:15	00:08:44
8	294	Stuart Reeves	Male Open	Unattached	00:00	00:43:07	00:23:08	00:59:12	00:08:49
9	295	Clare Miller	Female Open	London Heathside Runners AC	00:00	00:43:11	00:26:13	00:56:11	00:08:43
10	296	Richard Borne	Male Vet 40	Mysteruns of Abergele	00:00	00:46:30	00:22:20	01:02:23	00:10:15
11	277	Kate Worthington	Female Open	Eryri Harriers	00:00	00:46:03	00:23:18	01:02:10	00:10:07
12	275	Ali Thomas	Female Vet 40	Eryri Harriers	00:00	00:46:07	00:22:39	01:05:35	00:09:43
13	290	Emily Wood	Female Vet 40	Eryri Harriers	00:00	00:48:35	00:24:14	01:02:43	00:09:27
14	303	Mike Blake	Male Vet 60	Rhedwyr Eryri	00:00	00:47:25	00:20:32	01:07:54	00:09:59
15	281	Damian Warren	Male Open	Unattached	00:00	00:48:33	00:22:30	01:05:27	00:10:24
16	287	Sandra Rowlands	Female Vet 40	Clwydian Range Runners	00:00	00:52:53	00:23:56	01:01:05	00:10:09
17	289	Ian Blakemore	Male Vet 50	Eryri Harriers	00:00	00:46:53	00:22:15	01:09:03	00:10:48
18	301	Phil Cloete	Male Vet 40	Unattached	00:00	00:48:28	00:27:06	01:04:26	00:11:44
19	302	Gerard Tennant	Male Open	Unattached	00:00	00:46:34	00:24:04	01:09:59	00:11:25
20	308	Stel Farrar	Female Vet 50	Unattached	00:00	00:47:29	00:29:31	01:05:14	00:10:39
21	304	John Humphries	Male Vet 50	Mysteruns of Abergele	00:00	00:48:40	00:30:26	01:10:07	00:11:24
22	283	Laraine Porter	Female Vet 50	West End Runners	00:00	00:53:41	00:33:31	01:07:13	00:10:40
23	300	Tony Paul	Male Open	UNNATTACHED	00:30	00:48:15	00:26:41		01:04:46
24	284	Paul Waldron	Male Vet 40	Tavistock AC	00:00	01:02:41	00:29:32	01:06:57	00:11:26
25	310	Stephen Cannons	Male Vet 40		00:00	01:09:06	00:23:11	01:08:30	00:10:57
26	299	Simon Barkley	Male Vet 40	Oswestry Olympians	00:00	01:09:09	00:23:11	01:08:39	00:11:01
27	306	Neil Mackie	Male Open	Unattached	00:00	00:55:34	00:31:32	01:18:22	00:11:50

28	282	Laura Middleton	Female Open	Unattached	00:00	00:55:30	00:31:41	01:18:36	00:13:10
29	291	Jim Bennell	Male Vet 60	Eryri Harriers	00:00	00:55:18	00:27:46	01:23:12	00:14:52
30	297	Margaret Oliver	Female Vet 60	Eryri Harriers	00:00	01:00:08	00:31:48	01:17:14	00:12:28
31	318	Ed Wakeford	Male Vet 40	Unattached	00:00	01:02:12	00:36:55	01:16:38	00:11:46
32	280	Sarah Hargreaves	Female Vet 60	West End Runners	00:00	01:02:36	00:38:44	01:19:54	00:12:26
33	292	Sheila Bennell	Female Vet 60	Eryri Harriers	00:00	01:03:12	00:39:43	01:27:52	00:13:27
34	293	Susanne Bennell	Female Open	Unattached	00:00	01:02:55	00:39:51	01:28:05	00:13:26

Canlyniadau Tim / Team Results

101 FS Bn Reme (Reg A)	242	Amser /	Aggregate Time	19:16:43
	Rhif / No	Enw / Name		Amser / Time
	241	WO2	Hardy	
	242	Lcpl	Budha-Magnr	06:02:35
	239	Sgt	Kirkham	06:33:18
	240	Cpl	Rai	06:40:50
13 AASP Regt RLC Team B	188	Amser /	Aggregate Time	19:28:40
	Rhif / No	Enw / Name		Amser / Time
	218	Lcpl	Ingledeu	06:29:20
	217	Ssgt	Cambell	06:29:33
	219	Pte	Branch	06:29:47
13 AASP Regt RLC Team C	191	Amser /	Aggregate Time	19:34:31
	Rhif / No	Enw / Name		Amser / Time
	222	WO1	Burke	06:22:01
	220	Cpl	Rogers	06:36:12
	221	Cpl	Tyler	06:36:18
1 Rifles	87	Amser /	Aggregate Time	19:51:32
	Rhif / No	Enw / Name		Amser / Time
	199	Lt Peter	Barton	
	201	Lt Jack	Brown	06:10:21
	200	Lt Josh	Axford	06:50:29
	198	Cpl	Richardson	06:50:42
DMP3	45	Amser /	Aggregate Time	20:57:06
	Rhif / No	Enw / Name		Amser / Time
	189	Peter	Corry	06:58:52

	187	Stuart	Fludger	06:58:57
	186	Richard	Craig	06:59:17
	188	James	Mckevith	06:59:19
101 FS Bn Reme (Reg B)	246	Amser /	Aggregate Time	21:30:49
	Rhif / No	Enw / Name		Amser / Time
	246	Lcpl	Grosvenor	
	243	Lt	Knudson	06:49:09
	244	Wo1	Reid	07:03:00
	245	Cpl	Flynn	07:38:40
101 FS Bn Reme (Res)	238	Amser /	Aggregate Time	23:33:41
	Rhif / No	Enw / Name		Amser / Time
	235	Cfn	Leah	07:41:46
	237	Cfn	Levick	07:53:15
	238	Lcpl	Seabourne	07:58:40
	236	Cfn	Pritchard	08:03:10
Royal Artillery	145	Amser /	Aggregate Time	23:48:43
	Rhif / No	Enw / Name		Amser / Time
	206	Maj Adam	Greenfield	07:33:45
	208	Lt Jeremy	Gordon	08:07:24
	207	Lt Chris	Hughes	08:07:34
5 Regt RA	252	Amser /	Aggregate Time	23:55:38
	Rhif / No	Enw / Name		Amser / Time
	248	Pte	Wadieh	
	247	Lbdr	Sheehan	07:45:01
	250	Gnr	Leigh-Goodall	07:58:41
	249	Gnr	Gibson	08:11:56

4 LSR LAD 2	287	Amser /	Aggregate Time	24:33:13
	Rhif / No	Enw / Name		Amser / Time
	256	Matt	Kelly	08:05:30
	254	Ashley	Manning	08:05:41
	255	Ricky	Trotter	08:22:02
4LSR LAD 1	284	Amser /	Aggregate Time	24:34:18
	Rhif / No	Enw / Name		Amser / Time
	253	Johnny	Barker	07:53:03
	252	Bob	Hicks	08:19:23
	251	Gordon	Meikle	08:21:52
Randoms	182	Amser /	Aggregate Time	25:01:21
	Rhif / No	Enw / Name		Amser / Time
	215	Ian	Davies	08:19:48
	214	James	Gwyther	08:20:42
	216	Richard	Wilson	08:20:51
213	Rhodri	Evans	08:21:06	
10 Fd Sqn (Air Sp) Team B	302	Amser /	Aggregate Time	25:10:35
	Rhif / No	Enw / Name		Amser / Time
	267	Spr	Nwaobiarah	08:23:17
	265	Lt	Gillian	08:23:24
	266	Wo2	Robertson	08:23:54
268	Spr	Dunworth	08:45:09	
10 Fd Sqn (Air Sp) Team A	298	Amser /	Aggregate Time	26:19:04
	Rhif / No	Enw / Name		Amser / Time
	263	Lcpl	Preston	08:45:09
	262	Spr	Galli	08:46:17
	264	Lt	Cheesebrough	08:47:38
261	Capt	Dullaghan	08:57:14	

457 Bty 106 Reg (V) RA Team A	202	Amser /	Aggregate Time	26:22:58
	Rhif / No	Enw / Name		Amser / Time
	228	Gnr	Horsfield	08:43:48
	229	Gnr	Carrington	08:43:53
	227	Lbdr	McNeill	08:55:17
	230	Gnr	White	10:19:01
Passing Wind	97	Amser /	Aggregate Time	26:44:09
	Rhif / No	Enw / Name		Amser / Time
	205	Nathan	Hill	
	203	Josh	Glanvill	08:53:10
	204	Sarah	Glanvill	08:54:33
	202	Nick	Glanvill	08:56:26
Knight Ambling	290	Amser /	Aggregate Time	27:36:43
	Rhif / No	Enw / Name		Amser / Time
	260	Peter	Whitwam	
	257	Thomas	Salt	09:12:09
	258	Peter	Knight	09:12:13
	259	Alastair	Bishop	09:12:21